

## **THE AUTHORS SHOW – Authors of Nonfiction**

### **Author: Ankit Shukla**

Don't Live the Good Life; Live the Better Life is my first book, which was published in 2013. The main premise of this book is the idea of always living the better life; meaning, to always find ways to improve yourself, whether it is professionally, personally, health wise or relationships, etc. Good has limitations, however, better is limitless. Always go for the Better Life and don't just settle for good. Good enough is definitely not good enough and better is always better. In Don't Live the Good Life; Live the Better Life, I don't tell my readers what to do, but give them the idea that they can have more, no matter where you are in life.

I published my first book, first and foremost, because I believe in my ideas very strongly, and they help millions of people in all sorts of situations. The ideas are quite simple, but will provide just that little nudge and confirmation that people need to start living that better life. I have made it clear in this book, that the Better Life does not just relate to money, but all aspects of living. Even the wealthiest person in the world can improve, or better their life in some way. I also make it clear that you can enjoy and appreciate what you currently have in life, while going for the Better Life. Be happy, but not content.

If I had to choose a favorite section of my book, it would be the quotes in the very back. I have always enjoyed books of quotes. I feel that they provide a lot of education and inspiration in such a short excerpt. I certainly wanted to incorporate a section like this in my book. I hope the readers enjoy this section as well as the rest of the book greatly. It is a very short and easy read. Here is a small sample quote: "Generosity does not need an audience".

As a child, I was a shy kid. I could be very friendly and open, but I had to get to know you first. I never imagined that one day I would be going after a career as a public speaker and writer. Once being terrified to speak or even have my name announced in public, now I have spoken in front of a multitude of different crowds, from business professionals, politicians, healthcare workers and educators alike. In addition to speaking regularly, I am also now a multiple time author, having wrote my own book and a chapter for another book, which became a bestseller.

Me, a person who was once embarrassed by my name and heritage, now could not be prouder of it. I am proud of where I came from, where I am now and where I am going. My parents were hardworking immigrants who inspired me to always work hard and go after my goals, and I will continue to do so.

My journey as a writer began as a young child. I always enjoyed writing poetry and I figured that this may be my calling some day. Throughout the years, I always had this thought in my mind, no matter what I did. After high school, I took the so called right track and went to college, receiving my Nursing Degree. I love being a nurse and still do it to this day. However, my calling as a writer kept gnawing at me. I tried writing here and there but just could not find my niche or have the discipline to finish a project.

Over the years, I continued to work as a nurse, traveled the country and the world, worked in several different businesses and continued to live and enjoy what life had to offer. In the process, I married my beautiful wife, bought a dream home in Colorado, and worked as a traveling nurse around the country. I was working hard to accomplish my dreams. The world is certainly a fun place to be and I hope all people get the opportunity to enjoy it as I have had. Again, the pull of being a writer was still there, no matter what else I had accomplished.

Over the years, I gained much knowledge about being motivated, working through difficult times, going after goals, and being positive. I felt that I had obtained many great ideas through my own life experiences, as well as through various mentors. I wanted to share these ideas with the masses, as I felt they would be helpful to a lot of people. One night, I was listening to one of my favorite motivational speakers, and he said that the best way to get your ideas known and become credible, was to write a book. These words kick-started me and I knew what I had to do.

The next day, I began writing vigorously. I was working a night job at the time, and I would spend much of my day just writing and editing. Within a month, I had my first book, *Don't Live the Good Life; Live the better Life*, completed and self-published. It was a great accomplishment for me. The completion of this book inspired me to keep writing. So I continued to write on my blog page, online articles, and coauthoring books. I am currently

working on a book related to my travel nursing experiences, which i hope to have completed by the end of 2017. This will not be my first book, and it will be far from my last.

I hope to help and inspire millions of people around the world with my speaking and writing. I hope to continue writing several books for the remainder of my life and also do speaking engagements around the world, as I believe my words will help many people. My greatest pleasure is when a person is in a much better state after having worked with me, whether it is physical, mental, spiritual or emotional. Whether I am working as a nurse, writer, speaker or teacher, I will do my best work daily. I believe my writing will one day inspire people just like those of Zig Ziglar, Brian Tracy or Jack Canfield.